



CONGRATULATIONS TO THIS MONTH'S HONOREES



DR. VICTOR CATANIA
LOCAL HONOREE
EAST STROUDSBURG
HEALTH CENTER

A family medicine doctor, who also serves as medical director of the Lehigh Valley Physician Group – Pocono, has been named a Healthcare for July.

Dr. Victor Catania practices at East Stroudsburg Health Center. Collaborating with patients of all ages to address ongoing health concerns is one of the things he appreciates most about family medicine.

“A lot of primary care is not overnight fixes, like high blood pressure or diabetes, and I think what I enjoy about being a family medicine doctor is the fact that here we’re on this journey together... .”

In his medical director role, Catania helps ensure Pocono aligns with the Lehigh Valley Network as a whole.

“Part of it is ensuring that we’re providing quality, evidence-based medicine to our patients and so that means making sure that all of our providers are using best practices... .”

Catania knew from a young age that he wanted to pursue a medical career.

“Both of my parents instilled in me this sense of service to others,” said Catania, who was in middle school when he told his parents that he wanted to become a physician. He started out volunteering at hospitals and the impact of seeing how doctors made differences in people’s lives cemented his career choice. Working in family medicine during his internship led him to his field of practice.

“I was in rotation for family med and I haven’t looked back since,” Catania said. “It’s been the best decision.”

Catania said he is honored and grateful for the Healthcare Hero recognition and that he shares it with everyone in the Lehigh Valley network.

“The way I look at it, this award recognizes all of our efforts and the work we do,” Catania said.

Nominate your Healthcare Hero at: poconorecord.com/contests