The Rehabilitation Institute at Palmdale Regional... Making a Difference for Patients in the Community

The Rehabilitation Institute at Palmdale Regional is now open, offering hope to patients in the Antelope Valley who are recovering from stroke, spinal cord injury, brain injury and other disabling physical and neurological conditions. Some of the notable features in the center include:

- 27 all-private, single occupancy rooms
- 24-hour nursing support
- Individualized care from a skilled therapy team
- Dedicated therapy spaces with specialized equipment
- Vector Gait and Safety System®, a robotic ceiling-mounted, weight-bearing support system to help improve mobility
- Transitional apartment for practicing daily living tasks

Patients no longer have to travel out of the area for rehabilitative specialized care.

For more information, visit palmdaleregional.com/tri or call 661.382.5300.
<table>
<thead>
<tr>
<th>Table of Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acupuncturists ........................................ 4</td>
</tr>
<tr>
<td>Alzheimer Care ........................................ 4</td>
</tr>
<tr>
<td>Ambulance Services ..................................... 4</td>
</tr>
<tr>
<td>Assisted Living ......................................... 4</td>
</tr>
<tr>
<td>Blood Bank ................................................ 4</td>
</tr>
<tr>
<td>Cardiology ................................................. 6</td>
</tr>
<tr>
<td>Chiropractors ............................................ 7</td>
</tr>
<tr>
<td>Counseling Services ..................................... 7</td>
</tr>
<tr>
<td>Dementia Care ............................................. 8</td>
</tr>
<tr>
<td>Dentists .................................................. 8</td>
</tr>
<tr>
<td>Dermatology ............................................... 10</td>
</tr>
<tr>
<td>Emergency Medicine ..................................... 10</td>
</tr>
<tr>
<td>Family Planning ......................................... 11</td>
</tr>
<tr>
<td>Family Practice .......................................... 11</td>
</tr>
<tr>
<td>Funeral Directors ....................................... 14</td>
</tr>
<tr>
<td>Gastroenterology ........................................ 14</td>
</tr>
<tr>
<td>General Practice ........................................ 14</td>
</tr>
<tr>
<td>Hearing Aids .............................................. 14</td>
</tr>
<tr>
<td>Home Health ............................................... 16</td>
</tr>
<tr>
<td>Hospice ................................................... 16</td>
</tr>
<tr>
<td>Hospital .................................................... 16</td>
</tr>
<tr>
<td>Infectious Diseases ..................................... 16</td>
</tr>
<tr>
<td>In-Home Care ............................................. 18</td>
</tr>
<tr>
<td>Internal Medicine ........................................ 18</td>
</tr>
<tr>
<td>Laboratory Services ..................................... 18</td>
</tr>
<tr>
<td>Medical Education ........................................ 19</td>
</tr>
<tr>
<td>Medical Insurance Providers ............................ 20</td>
</tr>
<tr>
<td>Medical Supplies ......................................... 20</td>
</tr>
<tr>
<td>Medical Transportation ................................... 20</td>
</tr>
<tr>
<td>Mental Health ............................................ 20</td>
</tr>
<tr>
<td>Nursing Homes ............................................ 22</td>
</tr>
<tr>
<td>Nutrition .................................................. 22</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynecology ................................ 22</td>
</tr>
<tr>
<td>Occupational Medicine .................................. 23</td>
</tr>
<tr>
<td>Oncology ................................................. 23</td>
</tr>
<tr>
<td>Ophthalmology ............................................ 25</td>
</tr>
<tr>
<td>Optometrists .............................................. 25</td>
</tr>
<tr>
<td>Oral Surgery .............................................. 25</td>
</tr>
<tr>
<td>Orthopedic Surgery / Orthopedics ....................... 25</td>
</tr>
<tr>
<td>Pathology ................................................. 27</td>
</tr>
<tr>
<td>Pediatrics ................................................ 27</td>
</tr>
<tr>
<td>Pharmacy/Pharmacists .................................... 28</td>
</tr>
<tr>
<td>Physical Therapy ........................................ 29</td>
</tr>
<tr>
<td>Podiatry ................................................... 29</td>
</tr>
<tr>
<td>Psychiatry ................................................ 30</td>
</tr>
<tr>
<td>Radiology .................................................. 30</td>
</tr>
<tr>
<td>Respiratory ............................................... 30</td>
</tr>
<tr>
<td>Senior Services .......................................... 30</td>
</tr>
<tr>
<td>Sleep ........................................................ 32</td>
</tr>
<tr>
<td>Speech Therapy .......................................... 32</td>
</tr>
<tr>
<td>Surgery ..................................................... 32</td>
</tr>
<tr>
<td>Transitional Care &amp; Rehab ............................... 34</td>
</tr>
<tr>
<td>Urgent Care ............................................... 34</td>
</tr>
<tr>
<td>Urologist ................................................... 35</td>
</tr>
<tr>
<td>Vascular Surgeon ......................................... 35</td>
</tr>
<tr>
<td>Wellness Resources ....................................... 35</td>
</tr>
<tr>
<td>Women’s Services ......................................... 35</td>
</tr>
<tr>
<td>Ridgecrest Regional Hospital Announces UC Davis Affiliation .............................................. 36</td>
</tr>
<tr>
<td>Ridgecrest Regional Hospital New Crisis Stabilization Unit ........................................... 38</td>
</tr>
</tbody>
</table>
ACUPUNCTURISTS
Acupuncture Center of Ridgecrest .......................760-371-1520
Lovett Acupuncture ..............................................760-574-6049
Tawney Sparks, L.A.C. ...........................................760-373-7939

AMBULANCE SERVICES
Hall Ambulance Service .......................................760-373-2869
Liberty Ambulance ...............................................760-375-6565

ASSISTED LIVING
High Desert Haven
1240 College Heights Blvd.
Ridgecrest, CA 93555
For Information please call...............................760-371-1989
Sierra View Home Care Services, LLC ..............760-446-8800

BLOOD BANK
Houchin Community Blood Bank .......................661-323-4222

Holland & Lyons Mortuary
Your Pre-Planning Professionals
• Forethought Life Insurance
• Pre-Planning meaningful Funerals and Celebrations of Life
• Full service Burial and Cremation Services
• Assisting with any and all out of town arrangements

“Our family serving your family since 1967”
Please call us if we can be of assistance.
216 S. Norma St., Ridgecrest 760-371-1376

Serving Ridgecrest Since 2003
Cosmetic and Restorative Dentistry
CEREC Same-Day Crowns
Galileos 3D X-Rays
Implants

133 E. California Ave, Ridgecrest, CA 760-375-3988
www.ridgecrestdentistry.com

Jong-Gill Ahn, DDS
MAKING BEAUTIFUL SMILES
**HOME** is where the **HEART** is

Bringing full time cardiac care, right here at home.

Ghassan Mohsen, M.D.
Board Certified in Cardiovascular Disease & Internal Medicine

**SPECIALIZING IN:**
- Early detection and aggressive prevention
- Advanced non-invasive cardiac imaging
- Echocardiography
- Nuclear cardiology
- Vascular ultrasound

Open: Monday - Friday: 8am - 5pm
(760) 499-3277 | 1111 N. CHINA LAKE BLVD., SUITE 201

---

**RIDGECREST REGIONAL HOSPITAL**

**DERMATOLOGY**

**DR. LASHGARI, M.D.**

Dr. Lashgari is a board-certified dermatologist and a member of the American Academy of Dermatology. Dr. Lashgari has had his own private practice since 1999 and is excited to join Ridgecrest Regional Hospital and bring his expertise in dermatology, dermatologic surgery, and cosmetic surgery services to the Ridgecrest community.

**services**
- General Dermatology
- Surgical Removal of Skin Cancers - Including Mohs Surgery
- Cosmetic Procedures such as Botox® and Fillers

For an appointment please call (760) 499-7260

RRH.ORG
Bhambi, Brijesh, M.D.

Rural Health Clinic
1111 N. China Lake Blvd., Ste. 201
Ridgecrest, CA 93555

For Information or Appointment call...(800)HEART24/(760) 499-3277

Ferguson, Earl, M.D., Ph.D.

Rural Health Clinic
1111 N. China Lake Blvd.
Ridgecrest, CA 93555

For Information or Appointment call.................760-499-3855

Mohsen, Ghassan, M.D.

Rural Health Clinic
1111 N. China Lake Blvd., Ste. 201
Ridgecrest, CA 93555

For Information or Appointment call.................760-499-3277

Mondkar, Avinash M., M.D.

Attending, Staff Cardiologist Cedars Sinai Medical Center
1661 Triangle Drive
Ridgecrest, CA 93555

For Information or Appointment call.................760-446-0018

Sandhu, Rasham, M.D.

Rural Health Clinic
1111 N. China Lake Blvd., Ste. 201
Ridgecrest, CA 93555

For Information or Appointment call...(800)HEART24/(760) 499-3277
Goonesinghe, Iresha C., M.D., F.A.C.P., F.A.C.C.·······760-371-3008
Khanal, Sanjaya, M.D., F.A.C.C. ..........................661-674-4222

Bluhm’s Chiropractic Clinic.................................760-373-2234
Flower Family Chiropractic ...............................760-375-2426
Hayman Chiropractic ........................................760-375-9711
Hodges Chiropractic .........................................760-373-5553
Vegher, Mary, B.S., D.C. ....................................760-446-2200

COUNSELING SERVICES
Bork, Guinivere, L.M.F.T.....................................760-371-7777
Braithwaite, Dianne, L.M.F.T. ..............................760-446-2102

Jeffrey Ross Gunter, M.D.
General Cosmetic & Laser Dermatology
Board Certified in Dermatology
Diplomate American Board of Dermatology
Fellow American Society MOHS Surgery
Fellow American Academy of Dermatology

SKIN CANCER & LASER CENTER
“The Mole, Birthmark & Skin Cancer Treatment Facility”

SKIN CANCER SPECIALIST
MOHS Micrographic Surgery
Cutaneous Surgery
Pre Skin Cancer Cryo Surgery

COSMETIC PROCEDURES
Botox · Restylane · Leg Veins

SKIN DISEASES
Birthmarks · Skin Growths
Rashes · Warts

SKIN REJUVENATION
Fruit Peels · Facial Capillaries
Photo Facials

SKIN ALLERGIES
Contact Dermatitis
Skin Allergy Testing

ACNE / ROSACEA
Retin-A · Acne Surgery
Photo Facials

Preferred Provider For Blue Cross, Blue Shield, Tricare, Sierra Health,
United Healthcare, Operating Engineers, Medicare Assignment.
Most Major Insurances Accepted · Courtesy Insurance Billing

A.V. DERMATOLOGY & SURGERY CENTER
44215 15th St West #309
Lancaster, CA 93534
661-949-0004

RIDGECREST DERMATOLOGY & SKIN CANCER CENTER
801 N. Downs, #B
Ridgecrest, CA 93555
760-384-2592
COUNSELING SERVICES CONT.

Christian Research & Counseling Center ..........760-499-9220
College Community Services ..........................760-499-7406
Darrelyn, Dorias, L.M.F.T....................................760-977-1286
Huey, Bob, M.A. L.M.F.T..................................760-382-1783
Seely, Lynn...................................................760-384-3000
Sierra View Counseling ......................................760-375-0348
Weidner-Alvarez, Lori, M.F.T .........................760-499-7448

DEMENTIA CARE

High Desert Haven
1240 College Heights Blvd.
Ridgecrest, CA 93555
For Information please call.................................760-371-1989

DENTISTS

Ahn, Jong Gill, D.D.S., M.S.D., M.A.G.D.
133 E. California Ave,
Ridgecrest, CA 93555
www.ridgecrestdentistry.com
For Information or Appointment call................760-375-3988

Bachman Family Dentistry
700 N. Sanders St., Suite B
Ridgecrest, CA 93555
For Information or Appointment call.................760-375-8512

Chong, Michael, D.D.S.
Rural Health Clinic
1111 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call...............760-499-3296
Rural HEALTH CLINIC

CARE PROVIDED
AT THE RURAL HEALTH CLINIC

- Adult & Adolescent Primary Healthcare
- Annual Health Assessments
- Chronic Disease Management
- Women's Health & Family Planning
- Adolescent Sports Physicals
- Well & Acute Pediatric Care

OPEN: MONDAY - FRIDAY: 8AM - 5PM
WITH URGENT CARE AVAILABLE 7 DAYS A WEEK

CALL (760) 499-3846 FOR PEDIATRICS OR (760) 499-3855 FOR PRIMARY CARE

TRONA CLINIC NOW OPEN - for Adult Primary and Preventative care. Trona Clinic: (760) 372-4728
Lab Draw Station - contact (760) 499-3855 for questions or to make an appointment.

DENTISTRY

SERVICES PROVIDED
BY OUR DENTAL TEAM

- Restorative Dentistry
- Root Canals
- Extractions
- Nitrous Oxide Sedation
- Dentures
- Children's Dentistry

Preventative and Deep Cleanings by our Registered Dental Hygienist, Jennifer Tuttle

OPEN: MONDAY - FRIDAY: 8AM - 6PM
(760) 499-3296 | 1111 N. CHINA LAKE BLVD.
Leung, Michael, D.D.S.
Rural Health Clinic
1111 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3296

Whiting Family Dental
841 N. Downs St., Suite C
Ridgecrest, CA 93555
For Information or Appointment call.............760-375-6999

DERMATOLOGY

Gunter, Jeffery Ross, M.D.
Ridgecrest Dermatology & Surgery Center
801 N. Downs, # B
Ridgecrest, CA 93555
For Information or Appointment call.............760-384-2592

LA Laser & Skin Center
Medical & Cosmetic Dermatology
1200 N China Lake Blvd., Ste. C
Ridgecrest, CA 93555
For Information or Appointment call.............760-446-9007

Lashgari, Ali, M.D.
Southern Sierra Specialty Clinic
1011 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-7260

DEPARTMENT OF EMERGENCY MEDICINE
Deichert, Robert, M.D. .................................760-446-3551
Hansein, Conrad, M.D. .................................760-446-3551
Shull, Charles A., M.D. .................................760-446-3551
Pregnancy Care Center .......................................760-384-2273
RRH Women’s Health Services ..................760-499-3827/3640
Southern Sierra Medical Clinic ..........................760-446-6404

FAMILY PRACTICE

Anwar, Gul I., M.D.
Southern Sierra Medical Clinic
1041 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call.............760-446-6404

Daugherty, Brettney, D.N.P.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3855

Rowland, Todd, F.N.P.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3855

Schwartz, Christian, P.A.-C.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3855

Singh, Love, M.D.
Southern Sierra Medical Clinic
1041 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.............760-446-6404
Our goal at Southern Sierra Medical Clinic is to provide the highest quality medical care to all age groups. We combine a friendly, personal office setting with caring physicians and staff that are dedicated to providing excellent service to you and your family.

Our Providers

Megan Stone, D.O.
Family Practice

Gull I. Anwar, M.D.
Family Practice

Hope Wildenberg, M.D.
Family Practice

Aisha Rollins, M.D.
Pediatrician

Love Singh, M.D.
Family Practice

Luigi Candana, M.D.
Pediatrician

Pedro Farinha, M.D.
Internal Medicine

(760) 446-2984
MOR - FRI: 9AM - 5PM

Visit us for:

- Routine Examinations
- Camp & Sport Physicals
- Allergies
- Infectious Diseases
- Adolescent Medicine
- ENT
- ADHD
- Mental Health
- Weight Loss
- And Much More...

760-446-6404
1041 N. CHINA LAKE BLVD. RIDGECREST, CA 93555
Jothikumar, Thankarajam, M.D. ..........................760-446-1691
Lusk, David, M.D..................................................760-446-4571
RRH Women’s Health Services ......................760-499-3827/3640
Southern Sierra Medical Clinic.............................760-446-6404

Stone, Megan, D.O.
Southern Sierra Medical Clinic
1041 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.................760-446-6404

Wildenberg, Hope A., M.D.
Southern Sierra Medical Clinic
1041 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.................760-446-6404

Ridgecrest Medical
TRANSPORTATION

Non-emergency medical transportation
Need local or long distance transportation?
Questions about insurance coverage or just in need of some info…

Specializing In:
HealthNet & Kern Family Health Services Members

Call us 760-495-2394 / 760-608-2840
Holland & Lyons
216 S. Norma
Ridgecrest, CA 93555
FD 1184
For Information please call.................................760-371-1376
Stickel Mortuary .................................................760-824-2328

GASTROENTEROLOGY

Dusol, Maurice, M.D.
Southern Sierra Specialty Clinic
1011 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call..................760-499-7260

Frey, Eric, M.D.
Southern Sierra Specialty Clinic
1011 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call..................760-499-7260

GASTROENTEROLOGY

Dusol, Maurice, M.D.
Southern Sierra Specialty Clinic
1011 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call..................760-499-7260

Frey, Eric, M.D.
Southern Sierra Specialty Clinic
1011 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call..................760-499-7260

High Desert Gastroenterology.............................760-446-2196
Sierra Gastroenterology Group............................760-446-3813

GENERAL PRACTICE

Roberts, Douglas, M.D........................................760-446-4571

HEARING AIDS

Beltone
Hearing Aids
801 N. Downs, Suite H
Ridgecrest, CA 93555
For Information or Appointment call..............760-375-HEAR

Metz, Thomas, M.S.-A.U.D., F.A.A.A...................760-375-9399
HOME HEALTH & HOSPICE

HOME HEALTH & HOSPICE STAFF

RRH understands the most comfortable place to receive care is in your home.

RRH Home Health has a caring staff of nurses, therapists, home health aides and social workers.

SERVICES

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Spiritual Counselors
- Hospice Volunteers
- Durable Medical Equipment
- Respite Care Services
- Medical Social Services
- Certified Home Health Aids
- Medications for Comfort
- Bereavement Counseling

AVAILABLE 24/7 | CALL (760) 499-3617 FOR MORE INFORMATION

1653 TRIANGLE DRIVE, RIDGECREST, CA 93555 (NEXT TO RIDGECREST CINEMAS)

RIDGECREST REGIONAL HOSPITAL

Personal Care Services

Ridgecrest Regional Hospital now offers personal care services because we understand home is where you want to be. Our qualified personal care assistants are available to help you live independently in your home. We are available to assist you anywhere from 2 to 24 hours a day.

OUR SERVICES INCLUDE

- Companionship & Socialization
- Bathing, Grooming & Dressing Assistance
- Activity & Exercise Promotion
- Housekeeping Services
- Shopping & Meal Preparation
- Errand Running
- Medication Reminders

AVAILABLE BY APPOINTMENT: (760) 499-3617

RRH.ORG
HOME HEALTH

Ridgecrest Regional Hospital Home Health
1653 Triangle Drive
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3617

HOSPICE

Ridgecrest Regional Hospital Hospice
1653 Triangle Drive
Ridgecrest, CA 93555
For Information or Appointment call.............760-499-3617

Hoffman Hospice..............................................888-833-3900

HOSPITAL

Palmdale Regional Medical Center
38600 Medical Center Drive
Palmdale, CA 93551
For Information or Appointment call.............661-382-5300

Ridgecrest Regional Hospital
1081 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call.............760-446-3551

Bakersfield Heart Hospital.................................661-316-6000
Kern Valley Hospital.........................................760-379-1676
Ridgecrest Regional Hospital.........................760-446-3551
San Joaquin Hospital.......................................661-395-3000
Tehachapi Valley Health Care..........................661-824-4511

INFECTIONOUS DISEASES

Schauf, Victoria B., M.D.................................760-384-8042
Women's HEALTH SERVICES

Our practice provides full spectrum Obstetrical and Gynecologic services. Our goal is to provide the highest quality health care possible in a friendly, comfortable environment.

OUR SPECIALISTS

(OB/GYN NORTH CAMPUS):
JUDITH BURICHIN, M.D. (OB/GYN)
PEDRO CEPEDA, M.D. (OB/GYN)
BILLIE GUERRA, D.O. (OB/GYN)

(OB/GYN SOUTH CAMPUS):
RAY ISKANDER, M.D. (OB/GYN)
ROSE STONE, M.D. (OB/GYN)
ALESSA SILVER, F.N.P.-B.C (OB/GYN)

WOMEN’S SERVICES

OFFERED AT RIDGECREST REGIONAL HOSPITAL

- Well Woman Visits
- Maternity
- Breast Screening
- Mammogram
- Gynecological Care
- Menopause
- Osteoporosis
- And More...

HOURS: MONDAY - FRIDAY: 8:30AM - 5PM

(760)-499-3827 NORTH CAMPUS | (760)-499-3640 SOUTH CAMPUS

Are you feeling... Sad? Depressed? Anxious? Stressed?

BEHAVIORAL HEALTH

OUR PSYCHOLOGISTS
ERNEST DE GUZMAN, M.D.
CLINICAL PSYCHOLOGY

OUR TELEPSYCHIATRISTS
ALEJANDRA SUZUKI, M.D.
SWATI THACKER, M.D.
KANCHANAKHIN, PHARCHARAWUT, M.D. (DR. JOE)

BY APPOINTMENT ONLY (760) 499-3863
IN-HOME CARE

Ridgecrest Regional Hospital Personal Care Services
1653 Triangle Drive
Ridgecrest, CA 93555
For Information or Appointment call.........760-499-3617

INTERNAL MEDICINE

Cosner, Jr., Lawrence N., M.D.
Rural Health Clinic
1111 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call..........760-499-3855

Farinha, Pedro, M.D.
Desert Oasis Clinic
1041 N. China Lake Blvd., Suite A
Ridgecrest, CA 93555
For Information or Appointment call............760-446-2984

Mongar, Samantha, D.O.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call..........760-499-3855

Goonasinghe, Iresha C., M.D., F.A.C.P., F.A.C.C. .....760-371-3008
Reen, Amik...........................................................760-463-1613
Roberts, Jr., Douglas, M.D. ......................................760-446-4571

LABORATORY SERVICES

Ridgecrest Regional Hospital Laboratory
1081 N. China Lake Blvd, North End of Annex Building to the left of Center Pharmacy
Ridgecrest, CA 93555
For Information or Appointment call...(760) 499-3576/3590
Ridgecrest Regional Hospital Laboratory
1041 N. China Blvd, OPP Draw Station
Ridgecrest, CA 93555
For Information or Appointment call..............(760) 499-3422

Cerro Coso Community College
3000 College Heights Blvd.
Ridgecrest, CA 93555
www.cerrocoso.edu
For Information please call.................................760-384-6100

To be included in our next Directory call 1-760-375-4481

• CHILDREN’S DENTISTRY
• COSMETIC DENTISTRY
• DENTAL EMERGENCIES
• DENTURES
• IMPLANTS
• NITROUS/LAUGHING GAS
• ORAL SURGERY
• ORAL SEDATION
• ROOT CANALS
• TEETH WHITENING

Caring, Personalized Dentistry!
Please Call and Schedule an Appointment Today!
We’re Open Flex Fridays!
841 N. DOWNS ST., SUITE C
(next to Taqueria Bernardino’s)
760-375-6999
Email: wfdridgecrest@yahoo.com
www.whitingfamilydental.com

LISA COX, RDH
Provider for Most Insurances Including: Delta Dental Of California PPO, GEHA, MetLife, United Concordia, Cigna, Aetna, 1st Dental Health, Dentemax, DHA, Premier Access, United Health Care, Humana and Many More. Call for More Information.

SCOTT E. WHITING, DDS
ROBERT J. WHITING, DDS

Ask About Our New Patient Specials!
David Haugen Insurance Agency
Health Insurance Plans • Senior Supplemental Plans
Prescription Drug Plans • Dental and Vision Plans
1281 N. Norma
Ridgecrest, CA 93555
CA License No: 0608412/0G05847
Choosing health insurance should be easy. Call......760-446-4560

High Desert Medical Directory
High Desert Medical & Sleep Supplies
112 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call..................760-375-3680

Ridgecrest Medical Transportation
Non - Emergency Transportation
For Information call.................760-495-2394/760-608-2840

De Guzman, Ernest, M.D.
Rural Health Clinic
1111 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call..............760-499-3863

Kanchananakhin, Phacharawut, M.D.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call..............760-499-3863
ORTHOPEDIC & Sports Medicine

ALL SURGERIES PERFORMED LOCALLY

- Orthopedic & Hand Surgery
- Sports Medicine & Injuries
- Arthroscopic & Arthroplasty
- Joint Replacement Surgery
- ACL and Ligament Reconstruction
- Pediatrics & Congenital

Michael Pahl, M.D. & Healthy Desai, M.D.

HOURS:
MONDAY - THURSDAY: 8AM - 5PM | FRIDAY: 8AM - 2PM

(760) 446-8692 | 1041 N. CHINA LAKE BLVD. SUITE C

RADIOLOGY: DIAGNOSTIC IMAGING & WOMEN’S IMAGING

IMAGING SERVICES OFFERED AT RIDGECREST REGIONAL HOSPITAL

- X-Rays
- Ultrasound (High-def)
- CT Scans
- Advanced MRI/MRA
- Orthopedic & Sports
- Pediatric
- Vascular Imaging
- Bone Densitometry
- Mammography
- Oncologic Imaging
- Cardiac Imaging
- Brain and Spinal Imaging
- Nuclear Imaging
- Abdominal Imaging
- Echocardiograms

AVAILABILITY:
24/7 (X-RAYS, CT SCANS & ULTRASOUND)
OUTPATIENT HOURS:
7AM-6PM: MON - FRI
8AM - 4PM: SATURDAY
WOMEN’S IMAGING:
8AM - 6PM: MON - THURS, 8AM - 4PM: FRI

(760) 499-3702 | 1081 N. CHINA LAKE BLVD. (LOCATED IN MAIN BUILDING)
MENTAL HEALTH CONT.

Suzuki, Alejandra, M.D.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call.................760-499-3863

Thacker, Swati, M.D.
Rural Health Clinic
1111 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call...............760-499-3863

NURSING HOMES

Bella Sera
1131 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call..............760-446-3591

NUTRITION

Nutrition RX..........................................................760-499-1400

OBSTETRICS & GYNECOLOGY

Burichin, Judith, M.D.
Women’s Health Specialists
1111 N. China Lake Blvd., Ste. 301
Ridgecrest, CA 93555
For Information or Appointment call..............760-499-3827

Cepeda, Pedro, M.D.
Women’s Health Specialists
1111 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call..............760-499-3827
OBSTETRICS & GYNECOLOGY CONT.

Guerra, Billie, D.O.
Women's Health Specialists
1111 N. China Lake Blvd., Ste. 301
Ridgecrest, CA 93555
For Information or Appointment call.................760-499-3827

Iskander, Ray, M.D.
Women’s Health Specialists
1011 N. China Lake Blvd., Ste. A
Ridgecrest, CA 93555
For Information or Appointment call...............760-499-3640

Siler, Alessa, F.N.P.-B.C.
Women’s Health Specialists
1011 N. China Lake Blvd., Ste. A
Ridgecrest, CA 93555
For Information or Appointment call...............760-499-3640

Stone, Rose, M.D.
Women’s Health Specialists
1011 N. China Lake Blvd., Ste. A
Ridgecrest, CA 93555
For Information or Appointment call...............760-499-3640

OCCUPATIONAL MEDICINE

Ridgecrest Regional Hospital Occupational Medicine Clinic
409 Drummond Ave.
Ridgecrest, CA 93555
For Information or Appointment call.................760-499-3585

ONCOLOGY

AV Cancer Center ..........................................................760-446-7714
Ridgecrest Regional Hospital.................................760-446-3551
GASTROENTEROLOGY

COMPREHENSIVE DIGESTIVE HEALTH SERVICES

STOMACH PAIN • CONSTIPATION • ULCERS • GERD • GALLSTONES • CROHN'S DISEASE • IRRITABLE BOWEL SYNDROME • ACID REFLUX • ABDOMINAL PAIN • GASTRITIS • COLONOSCOPY • COLON CANCER SCREENING •

ERIC FREY, M.D.

MAURICE DUSOL, M.D.

HOURS: MONDAY - THURSDAY: 8AM - 5PM

(760) 499-7260 | 1011 N. CHINA LAKE BLVD. RIDGECREST

GENERAL SURGERY

Outpatient surgeries are performed locally at RRH for your convenience. Our operating room features state-of-the-art instrumentation and monitoring equipment for your surgical and anesthesia services.

WILLIAM CANNATA, M.D.

KISHORE TONSEKAR, M.D.

CALL (760) 499-7260 FOR MORE INFORMATION
Antelope Valley Eye Care Medical Group .......... 877-422-7357

**OPTOMETRISTS**

Focus Optometry Center, Inc.

Dr. Jennifer Chen, O.D.
905 W. Drummond
Ridgecrest, CA 93555

For Information or Appointment call.......... 760-375-9709

Dare2Care Optometry................................. 760-375-4496
Mallory, Daniel, O.D. .................................... 760-446-5555
Ogren, Ronald L., O.D., Inc.......................... 760-375-4496

**ORAL SURGERY**

Whiting Family Dental

841 N. Downs St., Suite C
Ridgecrest, CA 93555

For Information or Appointment call.......... 760-375-6999

**ORTHOPEDIC SURGERY/ORTHOPEDICS**

Desai, Healthy, M.D.

Healthy Bone & Joint Center
1041 N. China Lake Blvd., Ste. C
Ridgecrest, CA 93555

For Information or Appointment call.......... 760-446-8692

Pahl, Michael, M.D.

Healthy Bone & Joint Center
1041 N. China Lake Blvd., Ste. C
Ridgecrest, CA 93555

For Information or Appointment call.......... 760-446-8692

Brooks, Leon H. ........................................ 760-446-4571
Smith, Thomas L., M.D. ............................ 760-446-9112
Valley Orthopedic Institute......................... 760-446-2900
At Bella Sera we understand being away from home is difficult but we strive to make our residents and families feel at home and to feel that they are part of the team managing their care. Whether your needs are short term or long term placement, we partner with the resident and family to ensure that our residents are given the best care possible right here in their community.

SERVICES PROVIDED

- Wound Care
- Occupational & Physical Therapy
- Social Services: Counseling & Grief Intervention
- Activities: Group Setting or One-on-One
- Hospice: Suites Available for Overnight Guests

SKILLED NURSING FACILITY WITH 24 HOUR RNs, LVNs, CERTIFIED NURSE ASSISTANTS, AND RESTORATIVE AIDS.

(760) 446-3591 | 1131 N. CHINA LAKE BLVD. RIDGECREST, CA 93555

PODIATRY SERVICES

Dr. Rivello comes to Ridgecrest with a wealth of experience from Kaiser Permanente South Sacramento Hospital as a foot and ankle attending surgeon.

VISIT US FOR:

- Sprains & fractures
- Bunions
- Hammertoes
- Diabetic wound management
- Pediatric & adult conservative & reconstructive surgical care
- Ingrown & fungal nails
- Tendon tears
- Diabetic foot care
- Care of sports injuries

RRH North Medical Plaza: 1111 N. China Lake Blvd., Ridgecrest CA 93555
Call 760.499.3277 to make an appointment
PATHOLOGY

Tadros, Reda, M.D.
Board Certified in Clinical, Anatomical Pathology & Cytopathology
1081 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call..............760-446-3551

PEDIATRICS

Abreu, Wanda, M.D.
Rural Health Clinic
1111 N. China Lake Blvd., Ste. 501
Ridgecrest, CA 93555
For Information or Appointment call..............760-499-3846

Bautista-Azores, Richelle, M.D.
Rural Health Clinic
1111 N. China Lake Blvd
Ridgecrest, CA 93555
For Information or Appointment call.............(760) 499-3846

Cendana, Luigi, D.O., F.A.A.P.
Southern Sierra Medical Clinic
1041 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call..............760-446-6404

Rice, Diana, C.-P.N.P.
Rural Health Clinic
1111 N. China Lake Blvd
Ridgecrest, CA 93555
For Information or Appointment call.............(760) 499-3846

VISIT
HighDesertMD.com
**PEDIATRICS CONT.**

**Rollins, Aisha, M.D.**
Southern Sierra Medical Clinic
1041 N. China Lake Blvd., Ste. B
Ridgecrest, CA 93555
For Information or Appointment call.............760-446-6404

**Rural Health Clinic**
1111 N. China Lake Blvd., Ste. 501
Ridgecrest, CA 93555
For Information or Appointment call............(760) 499-3846

**Satou, Gary, M.D.**
Pediatric Cardiology, UCLA Medical Center
10833 LeConte Avenue
Los Angeles, CA  90095
For Information or Appointment call.............310-825-5296

Kumar, Kain M.D., Ph.D..................................661-824-8282
Schauf, Victoria, B., M.D................................760-446-7978
Southern Sierra Medical Clinic .....................760-446-6404

**PHARMACY/PHARMACISTS**

**Center Professional Pharmacy**
1109 N. China Lake Blvd.,
Ridgecrest, CA  93555
For Information or Appointment call.............760-446-4141

Albertsons/Savon ...........................................760-384-4020
Mojave Pharmacy .........................................661-824-1800
Rite Aid.......................................................760-375-0223
Valu-Rite Pharmacies ....................................760-446-4141
Walgreens .....................................................760-384-2318
Walmart .......................................................760-371-4974
PHYSICAL THERAPY

Ridgecrest Regional Hospital Total Rehab Services
1081 N. China Lake Blvd.,
Ridgecrest, CA 93555

For Information or Appointment call.................760-499-3631

Allcare Therapy Services.................................760-371-1411
Bishop & Associates.....................................760-384-4441
Heritage Physical Therapy ...............................760-446-3611
High Desert Yoga & Pilates ..............................760-446-1546
Ridgecrest Physical Therapy ..............................760-371-1606

PODIATRY

Rivello, George, D.P.M.

Rural Health Clinic
1111 N. China Lake Blvd., Ste. 201
Ridgecrest, CA 93555

For Information or Appointment call.................760-499-3277

CAREER TECHNICAL EDUCATION

Learning Today . . . Earning Tomorrow!

Offering Certified Programs In:
- Certified Nursing Aide
- Emergency Medical Technician
- Home Health Aide
- Human Services Worker
- Medical Assisting - Administrative/Clincial
- Vocational Nursing

760-384-6219
www.cerrocoso.edu

This was produced pursuant to grant agreement number 02-C01-023. It is supported by Carl D. Perkins Vocational and Technical Act of 1993 (VTEA), Title I, Part C funds awarded to Kern Community College District grants by the California Community College Chancellor’s Office.
PSYCHIATRY
Advanced Counseling Center of Indian Wells .......................... 760-375-9879
Myrna, Walter ........................................................................ 760-446-8998
Pratty, James, M.D. ............................................................... 760-446-4571
Seymour, Kevin C., Ph.D. ...................................................... 760-446-5515

RADIOLOGY
McNutt, Lawrence, M.D.
Radiology Department
1081 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call ............. (760) 499-3702

AV Cancer Center ............................................................... 760-446-7714
Ridgecrest Regional Hospital Radiology ............... 760-499-3702
Women’s Imaging-Ridgecrest Regional Hospital ...... 760-499-3820

RESPIRATORY
Ridgecrest Regional Hospital Respiratory Therapy
1081 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call ............. 760-499-3766
Mork, Dr. V., M.D., M.P.H. ................................................. 760-375-5200

SENIOR SERVICES
Ridgecrest Regional Hospital Senior Services
417 Drummond Ave.
Ridgecrest, CA 93555
For Information or Appointment call ............. (760) 371-1445
Desert Area Independent Living ................................. 760-375-8470
Kern County Senior Nutrition Program .................. 661-824-4816

To be included in our next Directory call 1-760-375-4481
Introducing...

SERVICES WE OFFER:

- Drug and alcohol screening
- Blood borne pathogen screening
- Post-accident screening and testing
- Return to work and fitness for duty exams
- EKGs
- X-rays
- Hearing test
- Flu shots
- Immunizations
- Lab work, including blood testing
- Worker’s compensation
- Respiratory surveillance and evaluations
- DOT physical exam / DMV licensing
- HazMat physical exams
- Flight physicals
- Sports physicals
- Pre-employment physicals for employees in various industries such as healthcare, explosive handlers, forklift and crane operators

Hours of Operation:
Tues: 8AM - 12PM; Wed: 8AM - 5PM; Thurs: 8AM - 5PM. Closed 12pm - 1pm for lunch (Wed & Thurs)

CLINIC: (760) 499-3580 | 409 DRUMMOND AVE. RIDGECREST

Senior Services of Ridgecrest Regional Hospital
Providing services to senior 60 years and older

Services include:
- Information and Assistance
- Case Management and
- Homemakers

Hours are Monday through Friday
9:00am - 5:00pm.

Senior Services
Ridgecrest Regional Hospital

760.371.1445
417 Drummond Avenue, Ridgecrest, CA 93555
Ahmed, Syed S., M.D., F.C.C.P. .......................... 760-446-2312

Bermani, Jawad, M.D. ....................................... 760-446-4488

China Lake Surgery Center .................................. 760-446-8100

Stemmer, Paul F., M.D. ..................................... 760-446-3700

Cannata, William, M.D.
Southern Sierra Surgical
1011 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call................. 760-446-8692

Tonsekar, Kishore, M.D.
Southern Sierra Specialty Center
1011 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call................. 760-499-7260

Ridgecrest Regional Hospital Sleep Lab
1081 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call............... 760-499-3766

Ridgecrest Regional Hospital Speech Therapy
1081 N. China Lake Blvd.
Ridgecrest, CA 93555
For Information or Appointment call............... 760-499-3939

Ridgecrest Regional Hospital Sleep Lab
1081 N. China Lake Blvd.,
Ridgecrest, CA 93555
For Information or Appointment call............... 760-499-3766
Mammograms alone may not be enough to find breast cancer.

Every woman’s breasts are different, just like every flower is different. Having dense breasts is normal. It just means your breasts have more tissue than fat.

Dense breasts make a woman up to six times more likely to develop breast cancer. And they make it challenging to detect cancer with a standard mammography exam.

Now in the Women’s Imaging Center, the Invenia™ ABUS (Automated Breast Ultrasound System) improves cancer detection by 35% over mammography in women with dense breasts. Using 3D ultrasound, it looks at dense breasts differently to find cancer that mammography may not see. It’s relatively comfortable, and it doesn’t expose you to any additional radiation. The result: More confidence and peace of mind for you.

Call the Women’s Imaging Center at 760.499.3820 to learn how only the GE Invenia ABUS can give you the definitive answers you need.

**Brief Statement.**
The Invenia ABUS is indicated as an adjunct to mammography or breast cancer screening in asymptomatic women for whom screening mammography findings are normal or benign (BI-RADS® Assessment Category 1 or 2), with dense breast parenchyma (BI-RADS Composition/Density 3 or 4), and have not had previous clinical breast intervention. The device is intended to increase breast cancer detection in the described patient population. The Invenia ABUS may also be used for diagnostic ultrasound imaging of the breast in symptomatic women. See the device manual for detailed information, contraindications, warnings, precautions, potential adverse events.
RIDGECREST REGIONAL HOSPITAL

**Transitional Care & Rehab Unit**

1081 N. China Lake Blvd.,
Ridgecrest, CA 93555

For Information or Appointment call.............760-499-3380

**URGENT CARE**

Ridgecrest Regional Hospital Urgent Care

1111 N. China Lake Blvd.,
Ridgecrest, CA 93555

For Information call.................................760-499-3800

Heatherstone Medical Clinic .......................760-446-4571

**UROLOGIST**

Urologic Institute ....................................760-382-9269

---

**Ridgecrest Dermatology**

Skin Cancer Experts

- Melanoma - Mohs Surgery
- Pre-Cancerous Growth
- Mole Checks and Removal

Skin Disorders

- Skin Growth
- Warts
- Skin Tags
- Scars
- Psoriasis
- Skin Allergies
- Cryotherapy
- Botox
- Fat Lipo

Acne/Rosacea

- Acne/Acne Scarring Treatments
- Facial Redness - Broken Blood Vessels/Rosacea

Cosmetic Procedures

- Botox
- Juvederm
- Brown Spots/Fine Lines
- Perfect Peel

Full Body Cancer Screenings

NEW PATIENT SPECIAL:
FREE EYE AREA CREAM ($50 VALUE)

PROMO CODE: RA001
(760) 446-9007

www.lalasercenter.com

1200 N China Lake Blvd Ste C
Ridgecrest, CA 93555

**AVINASH M. MONDKAR M.D.**

Attending, Staff Cardiologist

Cedars Sinai Medical Center

- General Medical Care
- Specializing in Stroke and Heart Attack Prevention
- Interventional Cardiology Care
- Peripheral Arterial, Aortic, and Carotid Vascular Profiles
- Stress Testing including Echocardiography
- Pacemakers and Pacemaker Analysis

Access to advanced procedures such as:

- Valve Replacement via Catheter
- Watchman Procedure for Stroke Prevention
- Ablation Procedures for Heart Arrhythmias including Atrial Fibrillation

OFFICE HOURS
TUE. – FRI. 8:00-4:00 • LUNCH 12:00-1:30
SAT. 8:00 – 12:00

760-446-0018

1661 Triangle Drive, Ridgecrest, CA 93555

Preferred provider for Medicare, Blue Cross, Blue Shield, Aetna, Cigna, Geha, & all other major PPO insurances

*Ask about our REFERRAL PROGRAM. Refer a Friend and receive a $50 Gift Card. Preferred provider for Medicare, Blue Cross, Blue Shield, Aetna, Cigna, Geha, & all other major PPO insurances.

---

*Voted “Best Dermatology Group” - Los Angeles Magazine*
Surval, William, M.D. ........................................... 760-446-3000

CHAMBERS, Cherish, P.A.-C. ............................... 760-446-4571
Childers, Pam, P.A.-C........................................... 760-446-4571
Roberts, Jessica, P.A.-C....................................... 760-446-4571
Women’s Imaging-Ridgecrest Regional Hospital...... 760-499-3820

WELLNESS RESOURCES

Community Wellness & Resource Center
105 E. Sydnor, Suite 203
Ridgecrest, CA  93555
For Information or Appointment call................. 760-499-3825

WOMEN’S SERVICES

Chambers, Cherish, P.A.-C. ......................................... 760-446-4571
Childers, Pam, P.A.-C........................................... 760-446-4571
Roberts, Jessica, P.A.-C....................................... 760-446-4571
Women’s Imaging-Ridgecrest Regional Hospital...... 760-499-3820

To be included in our next Directory call 1-760-375-4481

High Desert Haven
Dementia & Alzheimers Care Center
Assisted Living Facility

1240 College Heights Blvd.  760-371-1989
Ridgecrest Regional Hospital is proud to announce its affiliation with the UC Davis Cancer Care Network. The UC Davis Cancer Care Network provides leadership in transformative cancer care, research, and education for diverse communities of Northern and Central California.

The affiliation agreement comes as a result of the hospital’s commitment to take a leadership role in responding to the health needs of the community both in the hospital and outside the hospital. Adding services where there are access problems for our community is a high priority of the Ridgecrest Regional Hospital board of directors and leadership team.

Hospital CEO Jim Suver announced in a recent strategic planning session, “Our vision for Ridgecrest Regional Hospital over the next five years is to continue to become an integrated delivery system with a superior acute care facility, pre and post acute-care facilities and services, and multi-specialty medical clinics affiliated with the hospital.”

In 2016, Ridgecrest Regional Hospital engaged the services of Act Too Consulting to conduct its periodic Community Health Needs Assessment. The public survey indicated that cancer and cancer treatment are viewed as the 3rd most significant health issue and service gap for the community. While some services are available locally, comments obtained by the survey referred
to the need for more and higher quality services in the area.

Plans are underway to recruit an oncologist to join the Ridgecrest Regional Hospital team. Additional oncology care back-up will come from the UC Davis team. The vision for the affiliation will begin with medical oncology services provided in Ridgecrest Regional Hospital’s Outpatient Pavilion and ultimately, the plan is to build a cancer center and add radiation oncology services.

“Keeping top notch cancer treatment in Ridgecrest, without driving out of town, is our ultimate goal,” Mr. Suver emphasized, “It is an honor to be affiliated with the UC Davis Cancer Care Network. We believe the affiliation will enhance our capabilities, while lending advanced knowledge and skill to cancer diagnostics and follow-up for the residents of our community.”

**UC Davis Cancer Care Network Benefits**

**Clinical Trials**

UC Davis offers more than 150 clinical trials of the next generation of cancer treatments. Ridgecrest patients will now have easier access to UC Davis clinical trials through this collaboration. Clinical trials often provide the best hope for people with advanced or complex cancers. The affiliation will also provide Ridgecrest Regional Hospital the ability to participate in the Cancer Care Network tumor boards.

**Tumor Board**

A tumor board consists of a multidisciplinary team of medical providers. They meet periodically to review in detail, complex patient cases to discuss options for the patient and a treatment planning approach. The affiliation with UC Davis Cancer Care Network will offer Ridgecrest Regional Hospital the ability to participate in the Cancer Care Network tumor boards.
Ridgecrest Regional Hospital breaks ground for psychiatric services at new Ridgecrest Crisis Stabilization Unit

Ridgecrest Regional Hospital began site preparation on the future home of the new Ridgecrest Crisis Stabilization Unit (CSU) this week. The CSU is a partnership developed between Ridgecrest Regional Hospital (RRH) and Kern County Mental Health Department (KCMH). Located close to and built on land owned by the hospital, this partnership will enable KCMH and RRH to serve the whole person by addressing behavioral health care and medical care in close collaboration.

Funded by a grant from the California Health Facilities Financing Authority (CHFFA), the new, 12-bed CSU will provide services to both adults and minors, for up to eight adults and four minors. Staffing and operations of the new unit will fall under direction of KCMH.

Services at the CSU will include crisis assessment and evaluation for behavioral health and substance use dis-
orders, evidence-based brief crisis interventions, coordination of admissions to inpatient facilities when necessary, coordination of care with individual’s support systems and community providers, referrals and linkage to community resources, and coordination of medical care support when necessary through Ridgecrest Regional Hospital.

The new Ridgecrest CSU will not only increase access to crisis services, but also reduce transports to the Bakersfield CSU (with up two hours travel time one way), reduce the number of individuals in crisis at the RRH Emergency Department, reduce the amount of time that law enforcement remains involved in a mental health crisis, and enhance the existing outpatient behavioral services that exist in our isolated area of Kern County.

RRH estimated that more than 300 patients seen in the Emergency Department between 2014-2015 for a mental health or substance use disorder could have been referred to a crisis stabilization unit if those local services existed. Our best estimate is that services will be available sometime in the fall of 2017.
STATE-OF-THE-ART
CLOSE-TO-YOUR-HOME

✓ Emergency Care
✓ Urgent Care
✓ Intensive Care
✓ Bella Sera Skilled Nursing Unit
✓ Transitional Care & Rehab Unit
✓ X-Rays, MRI’s, Ultrasound, CT Scans, Nuclear Medicine
✓ Physical, Occupational & Speech Therapy
✓ Cardiac Rehab
✓ Respiratory & Sleep Lab
✓ Home Health & Hospice
✓ Psychology & Psychiatry
✓ Patient Education (Diabetes, Childbirth, Lactation Counseling, CPR and More...)
✓ OB/GYN & Perinatal Care Unit
✓ General Surgery
✓ Cardiology
✓ Gastroenterology
✓ Dentistry
✓ Dermatology
✓ Podiatry
✓ Laboratory
✓ Pediatrics
✓ Rural Health Clinic
✓ Community Outreach & Wellness Program
✓ Orthopedic Surgeries & Sports Medicine
✓ Southern Sierra Medical Clinic
✓ Women’s Imaging: Digital Mammograms, DXA and 4d Ultrasound


WE ARE THE FIRST CRITICAL ACCESS HOSPITAL IN THE NATION TO CARRY THIS PRESTIGIOUS ACCREDITATION.

760-446-3551 | TDD# 760-446-7505
1081 N. CHINA LAKE BLVD. RIDGECREST, CA 93555

RRH.ORG